

## **Children's Ministry Lesson Plan – August 17th, 2025**

**Scripture: 2 Timothy 4:1–8**

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### **1. Activity: Obstacle Relay Race (10 Minutes)**

#### **Description:**

Set up a short obstacle course in your space using chairs, cones, hula hoops, or masking tape. Separate into 2, 3, or 4 lines. Each child must hit a balloon in their hands from start to finish without dropping it. Then they pass it off to the next person in line. If they drop it, they start over. The goal is to finish strong and not give up.

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### **2. Worship Song: I Thank God (5 minutes)**

Have Kids Stand And Copy The Motions To The Song  
Press Play On The Computer To Start The Song  
Press Stop On The Computer To Stop The Song

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### **3. Offering (2 minute)**

**Who can tell me what tithes & offerings are?** Allow kids to respond.

#### **What are tithes & offerings?**

"Giving money to the church is actual giving money to God. Tithe means one-tenth. God then uses this money for the work of the church, which is to spread the Good News of Jesus and God's love for us to the entire world, including you."

**Did anyone bring an offering today?** (Allow them to take any offering to the box on the wall outside the rooms)

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### **4. Prayer & Split (2 minute)**

Invite A Kid To Pray For The Day.  
Encourage thanksgiving, praising God, or if someone has already shared something that needs to be prayed for.  
Split Up Into The Classrooms

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### **5. Provide Snack & Art Pages (2 minutes)**

This will engage and focus the kids.

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## **6. Opening Prayer Requests (5 minutes)**

Ask For Prayer Requests / Share Your Own (Allow Time For Thought & Sharing)  
Assign/Ask If Anyone Will Pray For A Prayer Request

(The goal is to create comfortable spaces for sharing & praying for one another. Sometimes this means that the leaders will be the only ones that are praying. Other times you might see opportunities where kids are eager to pray or willing to stretch their comfort zone because they really care about another kid's prayer request)  
Pray.

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## **7. Read Scripture Passage (5 minutes)**

Explain how you are finding the passage in your bible.

Read: 2 Timothy 4:1–8

First Thoughts & Reflection:

Ask: “What stood out to you?”

Ask: “What does it mean to keep going, even when it’s hard?”

Let kids talk about what they heard or drew or how it made them feel.

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## **8. Application Story (5 minutes)**

**Script:**

Lena had just started learning to ride her bike without training wheels. At first, she was excited—but then she fell. And then she fell again. And again. She started to cry and wanted to give up.

Her dad knelt next to her and said, “Remember, brave people aren’t people who never fall. They’re people who get up again and again.”

Lena thought about it and nodded. She got back on. It wasn’t easy, but each time she tried, she stayed up longer. And one day, she made it all the way down the sidewalk—no wobbles, no falls.

That night, Lena told her mom, “I almost gave up, but I’m glad I didn’t.” Her mom hugged her and said, “That’s what it’s like to follow Jesus. Sometimes it’s hard, but when we keep going, other people see our faith and feel encouraged too.”

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## **9. Discussion (10 minutes)**

### **Questions:**

- What do you hear the Scripture and story saying to you?
- What’s something that’s hard for you to do, but you know it’s right?
- How can we help each other keep going when we feel like giving up?
- Why does it matter to show others what it looks like to keep going with Jesus?

### **Tips:**

Allow the Holy Spirit guide you.

Allow for quiet as kids think. Look at their faces and maybe you will see a brain processing that you can prompt to answer.

If a child hasn't spoken, you can ask them if they have any thoughts, but don't push too hard. They are finding comfort & trust in the space.

Kids take in more than it looks like. Do not be discouraged if you don't see a desired outcome. Focus on being a loving, trusted, consistent adult in their life.

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## **10. Closing Review & Prayer (3 minutes)**

### **Review:**

Today we learned that even when things are hard, we can keep going because God gives us strength.

When we don’t give up, people around us see our faith and are encouraged.

God is proud when we finish strong and stay faithful to Him.

### **Closing Prayer:**

Dear God, thank You for helping us even when life is hard.

Help us to keep going and trust You when we want to quit.

Let our lives show others how good and faithful You are. Amen.